THESE THINGS STRENGTHEN ME

(Ephesians 4:17-32)

INTRODUCTION - here's a Biblical prescription that will give you a boost.

1. GOD'S WORD

(Psalm 119:11) "Thy word have I hid in my heart, that I might not sin against You" (v105) "Your word is lamp to my feet, a light to my pathway" (Psalm 37:31) "The law of his God is in his heart; none of his steps shall slide" (1 John 2:1) "these things I write to you, so that you may not sin " (Matthew 4:4, v7, v10) "It is written ... "

2. PRAYER

It is hard to do wrong when you are praying to do right.

(Matthew 26:41) "Watch and pray, lest you enter into temptation"

3. THOUGHTS OF GOD

This is what Jesus thought about: (John 4:34 and 5:30) (Hebrews 12:3) "For consider Him ... lest you become weary and discouraged in your soul"

4. MY FEAR OF GOD

(Proverbs 3:7) "Do not be wise in your own eyes, fear the Lord and depart from evil" (Hebrews 10:31) "a fearful thing to fall into the hands of the living God"

5. THE LOVE OF GOD

(John 15:13) "Greater love have no one than this ..." (Romans 5:6-11) hearing this great love story draws me closer to God every time.

6. KNOWING THAT OTHERS CARE ABOUT ME

I don't want to disappoint those who care: my family, parents, friends, others Think about God: (1 Peter 5:7) "... for He cares for you"

7. KEEPING GOOD COMPANY

(Exodus 23:2; 1 Corinthians 15:33-34; 2 Corinthians 6:16-17) Be sure your have friends who will encourage you in your walk with God.

8. KNOWING I AM PREPARED TO MEET GOD

(Amos 4:12) "... because I will do this to you, prepare to meet your God" If I was not prepared, I would tremble at the thought of having to meet God unprepared!