1. THERE WILL BE FRUSTRATIONS, TOUBLES, & TRIALS

- 1) Because of the order of the universe: (Matthew 5:45) "... He sends rain on the just and on the unjust"
- Because of people's choices: government's decisions; employee lay-offs; drunk driver; crime; honest mistakes (I took the wrong road);
 (2 Timothy 3:12) "all who live godly in Christ Jesus suffer persecution"
- 3) The devil's work: (1 Thessalonians 2:18) "Satan hindered us"

2. THE "FRUIT," BLESSINGS, & BENEFITS

1) (Hebrews 12:11) ",... chastening ... afterward it yields the peaceable fruit of righteousness to those who have been trained by it"

"afterward" - there will be times when we do not see the "silver lining" till the trial is past; when it's over; when we are "through" it.

It is friction that polishes the stone and sharpens the ax.

2) They cause me not to be satisfied with this life.

The joys of heaven are not on this earth.
We sing: This World Is Not My Home and To Canaan's Land I'm On My Way

- 3) They cause me to be sympathetic toward others in their trials.
- 4) They cause me to have confidence that I can over-come my next frustration. I've overcome before, and I can overcome this one, too.
- 5) My over-coming gives confidence to others that they can over-come.

 They say, "If Brian can get through that, then I can get through this."
- 6) It develops patience in me when I've been "trained by it."

(Romans 5:3) "... knowing that tribulation works patience" (James 1:2) "... the proving of your faith works patience" Over-coming smaller frustrations prepares me to over-come bigger ones.

- 7) The "afterward" provides a check on hurtful tendencies.

 I've learned and tend to stay away from those things that will hurt me.
- 8) Having experienced frustrations, I appreciate the good times. Having experienced trials, I appreciate peace.

CLOSE: (Romans 8:17-18) " ... for I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us."