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A TIME TO PRAY

(Eph. 6:18-20)

INTRODUCTION

The Old Testament had set times for prayer:

(Psalm 119:164) "seven times a day do I praise thee"
(Psalm 55:17) "evening, morning, and noon, will I pray"
(Dan. 6:10) "three times a day, prayed"
(Acts 3:1) "at the hour of prayer"

The New Testament makes prayer a way of life, something we do:

(Luke 18:1; Rms. 12:12; Eph. 6:18) (1 Thess. 5:17) "pray without ceasing"

It becomes a proof of devotion and dependence, and it's not a performance of duty.

SUGGESTED TIMES FOR PRAYER

1. PRAY IN THE MORNING

(Mark 1:35) "In the morning, a great while before day, He rose up and went out, and departed into a desert place, and there prayed."

2. PRAY AT MEAL TIMES

(Matt. 14:19) "... and looking up to heaven, he blessed ..."
(Matt. 26:26) "And as they were eating, Jesus took bread, and blessed it ..."
Apostle Paul on a ship bound for Rome: (Acts 27:35) "... took bread, and gave thanks to God in the presence of them all ..."

3. PRAY IN THE EVENING

Thank God for a safe day, and pray for a safe night.

4. PRAY WHEN YOU ARE TROUBLED

(Phil. 4:6) "In nothing be anxious; but in everything by prayer ..."
(James 5:13) "Is any among you afflicted? Let him pray ..."

5. PRAY BEFORE IMPORTANT DECISIONS - (Luke 6:12-13)

6. PRAY WHEN YOU ARE TEMPTED

(2 Peter 2:9) "The Lord knows how to deliver the godly out of temptation ..."
(1 Cor. 10:13) "... God is faithful ..."